



Better2Know

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Trichomonas Fact Sheet

What is Trichomonas?

Trichomonas is a protozoan, which is a small organism similar to bacteria. The Trichomonas protozoan can infect the vagina and urethra in a woman, and the urethra and occasionally the prostate gland in a man.

Trichomonas is normally transmitted by vaginal, oral, or anal sexual contact and intercourse.

What are the symptoms (if any)?

People with Trichomonas often have no symptoms. This is especially true for men. If symptoms are present, this may include painful urination.

Women may also suffer from vaginal discharge (which may be frothy and/ or have a “fishy” odour), vaginitis and pain during sexual intercourse.

Men may also suffer discharge from their penis and the need to urinate more frequently due to irritation of the penis.

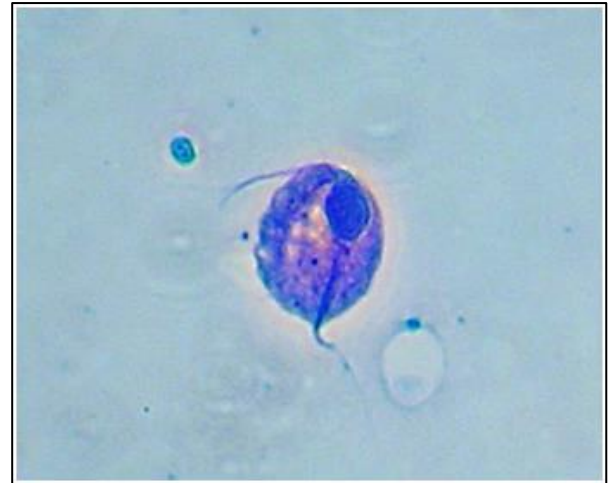
How is it treated?

Trichomonas is curable and can be treated with antibiotics.

You should abstain from sexual intercourse until your treatment is finished, and ensure that your sexual partners are also treated to avoid re-infecting each other.

What happens if you do not get treated?

If Trichomonas is left untreated, there is an increased risk of getting other STIs, including HIV.



Trichomonas Protozoa

In women, an untreated Trichomonas infection during pregnancy, can cause an increased risk of having an early birth and/ or a baby with a low birth weight.

In men, Trichomonas infection can, rarely, cause Prostatitis (an infection of the prostate gland which can cause irritation, and be uncomfortable).

Better2Know Testing Information

You should wait 14 days after any incident you are concerned about before getting tested for Trichomonas.

Better2Know's standard Trichomonas test uses a urine sample.

Women also have the option of a vaginal swab to identify a Trichomonas infection.

Better2Know is the world's leading provider of private sexual health testing services. We will get you a clinic appointment or home testing kit quickly, and deliver fast and accurate results for your peace of mind. If you have any concerns about your sexual health please visit our website www.better2know.com or email us at info@better2know.com to book an appointment or purchase your test with us today.

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